



LIFE AFTER GRIEF  
CONSULTING®

## ADVISOR'S GRIEVING CLIENT

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COMMON ADVISOR CONCERNS AND BEST PRACTICES WHEN WORKING WITH CLIENTS IN GRIEF.

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- Who am I?
- What I do?
- Have you ever felt...
  - Unprepared?
  - Helpless?
  - Powerless?
- Learning Objectives: knowledge and dialogue to give you confidence working with your grieving client.

# DETERMINE YOUR CLIENT'S PREFERRED GRIEVING STYLE

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Analytical Griever, Jen—young widow lost husband in January 2020.

- a) Timeframe is faster.
- b) Little emotion.
- c) Maintains focus.
- d) Indicates everything is fine.

Intuitive Griever, Chandra—young widow who lost husband in October 2018.

- a) Timeframe is slower.
- b) Very emotional.
- c) Confused.
- d) Needs organization.

# ADVISOR COMMON CONCERNS WORKING WITH CLIENTS IN GRIEF

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Common List

- How do I support my clients?
- How do I know the right things to say?
- How do I help my clients make good decisions that are not irrevocable?
- How do I help my clients move forward?

## ADVISOR CONCERNS

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### I. How do I support my clients?

- Focus on this—support the hell out of your client.
- More support than your average client.
- What is their grieving style?
- Follow up.
  - Early, often and ahead of schedule.
  - Utilization of workflows.
- Tools.
  - Provide access.
  - Grieving resources—[griefnet.org](http://griefnet.org), [compassionatefriends.org](http://compassionatefriends.org), [nationalwidowers.org](http://nationalwidowers.org).
- Family Communication—
  - Resources--<https://caregiver.com/articles/ending-family-feud/>, [caringbridge.org](http://caringbridge.org).



## ADVISOR CONCERNS CONTINUED

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2. How do I know the right things to say?

- Things to Say
  - I can't imagine what this is like for you.
  - I can't imagine what you are going through.
  - I am here to help you navigate your finances in order to help you regain joy in life again.
- Things Not to Say
  - I am sorry. This is just a filler and in my opinion is meaningless.
  - He/She is in a better place.
  - You will get over this.

## ADVISOR CONCERNS CONTINUED

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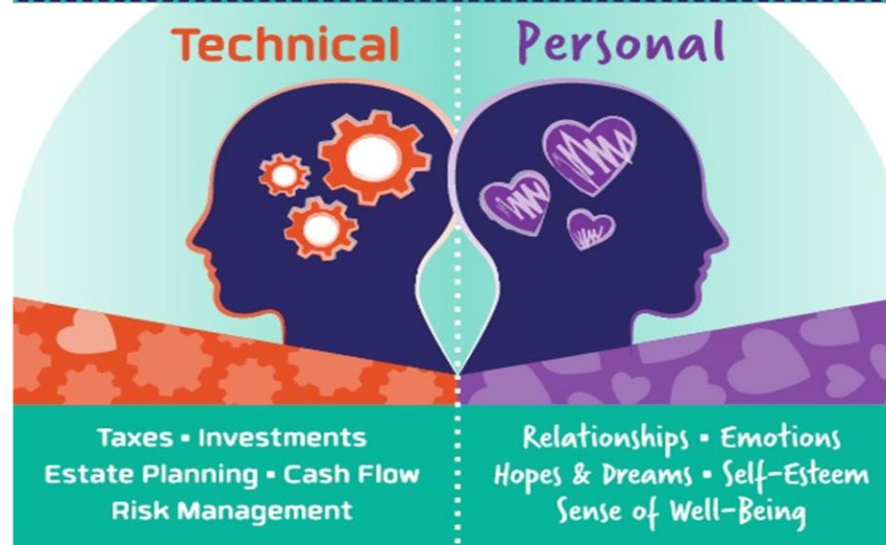
3. How do I help my clients make good decisions that are not irrevocable?

- Reassure your client that there are only a few things that are irrevocable—i.e. trust filing, pending debt, estate tax filing.
  - Make a list of time sensitive decisions asap.
- All other things can wait or be forgiven.
- Careful balance between technical and emotional decision making.

# MY TRAINING IN FINANCIAL TRANSITIONS PLANNING MATTERS

It means that I'm specifically trained to manage financial change.

## THERE ARE TWO SIDES TO MONEY



Both sides are equally **important** and **complex**...but it's the **personal side** that drives decision-making.

DECISIONS ←



## ADVISOR CONCERNS CONTINUED

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4. How do I help my clients move forward?

- By really learning about what they are going through and having realistic expectations.
- Know how they grieve.
- Providing ongoing support.
- Earning their trust early.

# MORE COMMON CONCERNS OF ADVISORS

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5. How do I act around my client?

## Tips

- Use the deceased name.
- Ask questions.
  - How are you feeling today?
  - What do you need help with today?
  - What are your biggest fears?
- Encourage a decision free zone.
- Treat them like a friend.

# WHAT IS YOUR CLIENT'S GRIEVING STYLE? WHAT ARE DISTINGUISHING CHARACTERISTICS OF EACH STYLE? ANALYTICAL VS. INTUITIVE *(BREAKOUT GROUPS)*

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## CLIENT ONE

- Pam lost her mother.
- Pam seems to move through her financial process in the same manner as before her mother's death.
- Pam does not display much emotion.
- Pam indicates that everything is fine.
- Pam pushes her emotions aside to focus on concrete matters.

## CLIENT TWO

- Debbie lost her mother.
- Debbie is emotionally distraught.
- Debbie has a very hard time focusing on anything beyond today.
- Debbie often forgets and seems confused at times.
- Debbie's emotions tend to delay or cloud her decision making.

# BEST PRACTICES

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5 BEST PRACTICES THAT SHOULD HELP YOU GREATLY.





# BEST PRACTICES

## #1

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- I. Know your client's grief counseling status.
  - If you do not know, simply ask the question.
  - If they have been to counseling, do you realize that this will help your financial or legal process.
  - If they have not been to counseling, do you realize the mere access you provide to your clients will inevitably speed up your process.
  - Your job is not to be the counselor, but to provide resources if your client needs help. One of the best resources you can provide is a recommendation and access to a professional grief counselor.
    - Resources—Local Hospice, Grief.com, hellogrief.org.

## BEST PRACTICE #2

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2. Have you identified your client's preferred grieving style?

- Grieving style = foundation for your client communication going forward.
- Grieving style = accurate understanding of the client's ability to progress through their financial process.
- Their grieving style is much akin to a child's preferred learning style, whether it be visual or auditory. If you teach in their language, you will be more successful with that child or in your case—*your grieving client*.
- Knowing this information = showing your client you have spent time understanding them.
- Incorporates practicing the right things to say.

## BEST PRACTICE #3

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3. Do you have a solid resource guide that you can follow?

- Here are some thoughts on a resource guide.
  - Reference to help your client through immediate grief needs.
  - It should be measured with time stamps.
  - It should be something that helps you help your client avoid irrevocable decisions.
  - It should be something that helps you not miss any time sensitive deadlines.
  - It should encourage you to forge a relationship with your client's other professionals.

## BEST PRACTICE #4

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### 4. Have a solid workflow.

- This workflow should be in 2 parts.
  - Financial/Legal Planning Workflow—this should follow the resource guide you have set forth.
  - Emotional Support Workflow—understand that most support falls off within the several months.
    - High Touch.
    - Format.
      - Check in with a personal note/phone call every 2 weeks for up to 6 months.
      - Then every month up to 12 months.
      - Then at 15, 18, and 24 months.



## BEST PRACTICE #5

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5. How do you engage your grieving client?

- By having a process.
- Following these 10 steps or something very close to it.
  - Understanding your client's *grieving style*.
  - Understand the *types of grief*.
  - Understanding *family dynamics*.
  - Practicing what you *should say* and stay away from when engaging your grieving client.
  - Understanding *protocols and timelines*.
  - Understanding *communication*.
  - Understanding *grief triggers*.
  - Understanding *stages of grief*.
  - Understanding what the *right team* is and corresponding *support services*.
  - Having effective *resources guides, checklists and workflows*.

## QUIZ TIME

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Don't worry this will be multiple choice

- 10 Multiple Choice questions to test your knowledge of today's webinar.
- Don't worry, it won't be hard.

# QUIZ PAGE I

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## 1. WHAT ARE SOME GOOD GRIEVING CLIENT CONVERSATION STARTERS?

- a. How are you feeling today?
- b. What are your biggest concerns?
- c. What are your biggest struggles today?
- d. All of the above.

## 2. WHAT ARE SOME WAYS YOU CAN HELP YOUR CLIENT PROGRESS THROUGH THEIR FINANCIAL/LEGAL GRIEVING CYCLE?

- a. Be knowledgeable of their preferred grieving style.
- b. Gain applicable knowledge outside of your comfort zone.
- c. Provide them ongoing resources.
- d. All of the above.

# QUIZ PAGE 2

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## 3. WHAT ARE SOME WAYS YOU CAN SUPPORT YOUR GRIEVING CLIENT?

- a. Follow up with them often.
- b. Provide valuable resources to your client.
- c. Progress at their pace.
- d. All of the above.

## 4. WHAT ARE SOME GOOD THINGS TO SAY TO A GRIEVER?

- a. I can't imagine what this is like for you.
- b. I can't imagine what you are going through, but I will be here every step of the way.
- c. I am here to help you navigate your finances(legal) in order to help you regain joy in life again.
- d. Any of the above.



# QUIZ PAGE 3

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5. WHAT ARE SOME BAD THINGS TO SAY TO A GRIEVER?

- a. I am sorry.
- b. He/She is in a better place.
- c. You will get over this.
- d. All of the above.

6. NAME SOME COMMON GRIEVING STYLES.

- a. Intuitive.
- b. Analytical.
- c. Subjective.
- d. Both a and b.

# QUIZ PAGE 4

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## 7. WHAT ARE SOME WAYS YOU CAN SUPPORT YOUR GRIEVING CLIENT?

- a. Follow up with them often.
- b. Provide valuable resources to your client.
- c. Progress at their pace.
- d. All of the above.

## 8. HOW SHOULD I ACT AROUND MY CLIENT?

- a. Normal.
- b. Let them know that emotions are acceptable.
- c. Relaxed, knowledgeable and supportive.
- d. All of the above.

# QUIZ PAGE 5

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9. WHAT IS ARGUABLY THE BEST PRACTICE YOU CAN OFFER YOUR CLIENT?

- a. Resources related to Grief Counseling.
- b. A Card.
- c. A phone call.
- d. None of the above.

10. HOW DO YOU IDENTIFY YOUR CLIENT'S GRIEVING STYLE?

- a. Listen to your client.
- b. Understand how fast(or slow) they want to move.
- c. Understand their emotions(or lack thereof). Understand emotions drive decision making.
- d. All of the above.

You did great on the quiz. Thanks for being part of the community to serve Grieving Clients. See what is in store during our wrap up.





# WRAP UP

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To learn more in detail about the information contained in this webinar go to [Life After Grief Consulting](#).

As a thank you for exploring our site you will be able to download our Kickstarting Tips Guide.

- Learn more about the training guide, [“The Advisor’s Guide to Grieving Clients.”](#)
- The training guide will be on par with your professional education to calm your fears and educate you to feel comfortable and productive when working with your client in grief.
- The training guide will give you a carefully crafted playbook to follow when working with a client in grief.
- The training guide is also CE approved for 3 hours with the CFP Board.
- We have found that advisors who have used this process have been better prepared to serve their grieving clients, thus instilling a better experience and valuable resources.
- 10% off the normal price-use code: NWEPC
  - Coupon expires on Friday September 18, 2020.
- Please send questions or comments to [chrisdale@lifeaftergriefconsulting.com](mailto:chrisdale@lifeaftergriefconsulting.com).